

The Children's Sensorium: Art, play & mindfulness survey

Information Statement

The Children's Sensorium, an immersive exhibition as part of *The Big Anxiety Festival* (TBA), aims to improve mental health and wellbeing for young children (ages 4-11). The Sensorium will engage young children with contemporary art practices that activate the senses and cultivate wellbeing. Building on evidence of preventative strategies to support children's resilience and wellbeing (eg mindfulness/embodiment, play and emotional intelligence), the *Sensorium* will provide practical strategies for children and their families to bring into their daily lives in order to increase mental health literacy and children's emotional intelligence.

Survey

The purpose of the short, 10-minute survey is to understand the audience experience of *The Children's sensorium: Art, play & mindfulness* exhibition. These findings will be developed into resources and future exhibitions.

Ceasing Participation

Your participation is entirely voluntary, you may choose not to participate in all or part of the study, and you may withdraw your participation at any time, whereupon any unprocessed data previously supplied will be returned to you.

Your Privacy

All information you provide will remain confidential. Information gathered in the survey will be kept in locked cabinets and password protected computers and will only be viewed by the researchers and their assistants. All published work that reports on the research will use pseudonyms to disguise the identity of the participants, however it is possible that people who know you well may be able to identify you from contextual information. No personal information will be collected in the survey so none will be stored as data. Once we have completed our data collection and analysis, the data will be stored securely for a period of five (5) years. Then the data will then be deleted.

Who are the Researchers?

The study is conducted by researchers at RMIT University (Grace McQuilten and Larissa Hjorth).

Grace McQuilten may be contacted at this email address: grace.mcquilten@rmit.edu.au

Larissa Hjorth may be contacted at this email address: larissa.hjorth@rmit.edu.au

If you have any concerns about your participation in this project, which you do not wish to discuss with the researchers, then you can contact the Executive Officer, RMIT Human Research Ethics Committee, Research & Innovation, RMIT, GPO Box 2476, Melbourne 3001. Details of RMIT's ethics and integrity are available at: <https://www.rmit.edu.au/research/our-research/ethics-and-integrity>

Please provide your name and email address if you are interested in participating in more research, such as another survey or a short interview.

Name: _____

Email Address: _____

Age: _____ Postcode: _____

Country: _____

Please place a tick in the circle if you have read the above description and provide consent to participate in this evaluation study.

Parents:

Have you had any concerns about your children's emotional wellbeing over the last 6-12 months?

If yes, please describe why:




































Kids survey

Feel free to draw pictures instead of using words.

Age:

Q1. What was your favorite part of the exhibition?

Q2. How did the Children's Sensorium make you feel?

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Q3. What parts of the exhibition helped you to feel calm?

**Q4. Which of your senses did you notice the most in the exhibition?
(Please Circle)**

Smell



Seeing



Hearing



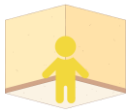
Taste



Touch



Environment



Feeling



Q5. What activities from the Sensorium might you do at home?

A large, empty, rounded rectangular box with a black border, intended for writing the answer to the question above.

Q7. Was there anything in the exhibition that you didn't like?



Q8. Any other comments or questions?

Feel free to draw a picture here instead of using words.

