

Archives of Feeling:

**Sensation,
Connection,
Community**

**The Children's
Sensorium
Workshops for
Schools**

**THE BIG
ANXIETY**

The Children's Sensorium Workshops for Schools

The Children's Sensorium is an interactive exhibition featuring light, colour, touch, sound, smell and taste to activates children's curiosity, connect them to local Kulin Country, and introduce strategies and techniques that support emotional resilience and wellbeing.

With artistic direction from Boonwurrung elder N'Arweet Carolyn Briggs, this exhibition draws on themes of nature, working with the Kulin calendar and featuring the transition from Guling or orchard season (August) to Poorneet or tadpole season (September/October). The exhibition is designed for children aged 4-11 and includes sense-based installations that draw on touch, sound, vision, smell and taste to create an environment that is fun, engaging and activates children's curiosity while connecting them to strategies and techniques that support resilience and wellbeing. It will include a variety of materials for play and will be a space that children can spend time to explore their senses, feelings, thoughts, worries and hopes.

To register your class for a workshop please express your interest via this [online form](#). If you cannot access the link please email curatorial@rmit.edu.au and we will provide you with the link to the form.

Workshops will be distributed to school groups in order of expressed interest and availability.

All workshops are FREE.

Workshops can be booked between 11:30 – 3:30pm.

Choose from the following workshops and dates:

Gallery Gardening

Children gain gardening knowledge by investigating familiar edible and ornamental plants, observing their structure using microscopes and magnifying glasses. They will learn the propagating process to replicate at home or school.

Heather
Hesterman

August
Thursday 25 / Tuesday 30
September
Thursday 8 / Thursday 15
October
Thursday 6

Miniature Worlds

Guided by Heather, children look closely at plants and respond with observational, imaginary drawing as they get creative exploring the micro-structures of plants using magnifying glasses and microscopes.

Heather
Hesterman

August
Thursday 25 / Tuesday 30
September
Thursday 8 / Thursday 15
October
Thursday 6

Connecting to Country

Children discover how to connect to and build knowledge of the Country we are on and its contributions to wellbeing. Exploring Country through cultural practices, dance, food and language.

N'Arweet Carolyn
Briggs

August
Friday 19

Exploring Senses

Children are introduced to simple mindfulness, sensory awareness and play-based activities aiming to equip them with tools and techniques they can use independently to manage intense emotions.

Live Particle,
Tamara Borovica

August
Friday 26
September
Friday 9
October
Friday 7

The Future of Play

Children learn the power of play as a core literacy. Circulating between a series of play stations, children discover play based learning to regulate emotions.

Larissa Hjorth

September
Thursday 1 / Wednesday 7 /
Wednesday 14 / Thursday 15
October
Tuesday 4